

OUTDOOR COMPETITION AT GODOLPHIN

From 17 May 2021, [Government guidance](#) states that outdoor competition between different schools can take place and that spectators are permitted to attend in groups of up to 30 providing social distancing measures are followed. Godolphin welcomes the resumption of competition and recognises the importance of the associated health, social and cultural benefits for the Godolphin community. However, these sporting opportunities should not compromise the health of individuals within our community and are subject to certain measures and precautions outlined below that are aligned with current Government guidance!

OFF FIELD ACTIVITY

Godolphin has put in place measures to limit transmission risk from off-field activity.

- Students must arrive at the school promptly at their designated time and drop-off point.
- Parents should not enter the main School grounds or buildings unless using toilet facilities (when face coverings must be worn). Parents and spectators are permitted to watch outdoor sports fixtures at Godolphin. Spectators are permitted in groups of up to 30 outdoors. Please ensure social distancing guidance is followed.
- Each school has different rules for spectators and these guidelines only apply for sports fixtures hosted at Godolphin. When travelling to play other schools away, parents and spectators must abide by their guidelines.
- On arrival, students and staff should wash their hands with soap and water and do so frequently during the sporting activity. Hand sanitisers will be available for frequent use. Students are encouraged to bring their own hand sanitiser and to use this on arrival. At any breaks and at the end of the sporting activity, Students should wipe down their equipment with sanitiser provided by the School.
- Students need to be kept in consistent groups based on their year group or the activity in which they are participating.
- Changing rooms will reopen but should not be used unless in an emergency. Students must arrive in sports kit ready to play. Toilet facilities can be accessed. Students must maintain social distancing where possible.
- Students are required to wear a face covering when inside a building including toilet facilities. Face coverings do not need to be worn when outside or during sporting activity. Participants should bring two face coverings plus a transparent bag for storage when removing their masks.
- Students should remain within their year group or team bubble and maintain social distancing throughout warm-ups and when not on the field of play (e.g. awaiting substitutions), and limit higher-risk activities like spitting or shouting (particularly when facing each other).
- Teachers and coaches should maintain social distancing keeping two metres from students where possible.
- Avoid equipment-sharing where possible. Teams should limit the number of players handling the same ball during warm-ups, and ensure the balls are frequently sanitised.
- Students should bring their own water bottles and ensure they are labelled or highly distinguishable. Water bottles or other refreshment containers must not be shared under any circumstances.

PRIOR TO ACTIVITY

Godolphin follows the relevant organised sport guidance as outlined and regularly updated by the Government and has appropriate measures in place to offer sport safely. Risk assessments for each sporting activity have been completed and include modifications to gameplay or activity structure where necessary.

- Students are asked to take Lateral Flow Tests (LFTs) twice weekly and upload their results to the NHS (using the [Covid results website](#)) and to the School (using [Forms](#)).
 - In addition, all students, officials, volunteers and spectators must undergo a self-assessment for any COVID-19 symptoms. No one should leave home to participate in sport if they, or someone they live with, have symptoms of COVID-19 currently recognised as any of the following:
 - A high temperature
 - A new, continuous cough
 - A loss of, or change to, their sense of smell or taste
 - Any individual who displays any such symptoms must follow [NHS and PHE guidance on self-isolation](#)
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DURING ACTIVITY

Godolphin has considered the COVID-19 infection risks inherent to various sporting activities offered. Having completed droplet and aerosol transmission risk assessment for each sport, Godolphin follows Government guidelines and where necessary will introduce COVID-19 adaptations to reduce the frequency of higher-risk activities and measures to reduce risk or to comply with restrictions including:

- Putting in place any modifications to gameplay required (e.g. limits on numbers for indoor activity, reducing physical contact or face-to-face exposure), and additional mitigations to reduce unnecessary contact, such as removing pre-game handshakes, face-to-face interaction, and scoring celebrations. Students should refrain from spitting or rinsing out their mouths on or around the playing area.
- Putting in place measures so that students, officials, spectators and staff remain socially distanced during breaks in play with spaced areas for equipment and refreshment storage, including officials and substitutes. Coaching staff and substitutes, should, for example, be spread out.
- Advising students to bring their own water bottles and ensure they are labelled or highly distinguishable. Water bottles or other refreshment containers should not be shared under any circumstances.
- Avoiding equipment-sharing where possible, particularly that used around the head and face, such as helmets or goggles. Where equipment is shared, equipment must be cleaned before use by another person. Sports where a ball needs to be handled by multiple players (e.g. netball, cricket) must put in place measures to reduce the transmission risk (e.g. pausing play to sanitise the ball at regular intervals).
- Discouraging unnecessary transmission risk from shouting and conversing loudly, particularly in close proximity situations and when face-to-face. Spectators, coaches and substitutes should refrain from shouting, and those on the pitch should avoid it where possible.
- Match officials are empowered to ensure that COVID-secure measures are adhered to. Match officials, medics, teachers and coaches should observe the guidance in the same way as students whilst maintaining two metre social distancing.
- Injuries should still be treated, as participant safety is of the utmost importance. Teachers and medical personnel should take care to protect themselves and others through rigorous cleaning and personal hygiene, including increasing the frequency of cleaning and disinfecting equipment and surfaces. Wearing face coverings is recommended for both medics and patients, where this is possible and practical.
- After contact with an injured participant, teachers and medical personnel should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This advice is applicable to all situations, regardless of whether there was close contact or the minimum social distancing was maintained. They should also avoid touching their mouth, eyes and nose.

Please refer to the [Godolphin Sport](#) website for information on sports fixtures and arrangements.